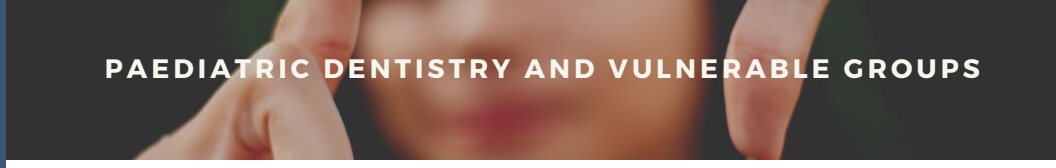
28TH APRIL 2023
EDITION 16

EAST MIDLANDS LDN NEWSLETTER



WELCOME

Welcome to this month's edition of the East Midlands Local Dental Network and NHSE newsletter.

This month's edition focuses on paediatric dentistry and the prioritisation of vulnerable groups.

As dental professionals we have a duty to ensure that we complete referrals accurately and in a timely manner to prevent any unnecessary delay in our patients care.

Whilst we may all have the best intentions in our professional roles to treat patients, sometimes it is a lack of understanding or confidence that hinders us from treating children or young people with SEND (special education needs and disabilities). This knowledge and skills gap can result in negative experiences for both the children and dental team and even impact on the child's oral health.

Up-skilling to ensure practices see and treat children and young people with SEND can improve care for these patients, allowing them to access care locally with their GDP and also reduce referrals to community dental services.

This edition is packed full of links to training resources for the dental team so please do check them out.

There is work also going on behind the scenes:

Looked after children (LAC) or children in care often face challenges when trying to access dental care or in their continuity of dental care. Laura Johnston a NHS Regional Clinical Leadership Fellow in the Midlands Region is currently carrying out work to clarify the pathway for LAC in the Midlands region. Part of Laura's work looks at delivering elements of training for the dental team to increase confidence in treating LAC and understanding the involvement of other services in their care.

Wishing you a lovely bank holiday weekend break.

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SUBSCRIBE TO THE NEWSLETTER CLICK HERE

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Dental Workforce Development in the Midlands

Jennie Ross
Associate Postgraduate Dean - Dental Workforce Development

Dental Workforce Development in the Midlands has recently been through a series of changes with the merger of HEE and NHS England and a new Associate Postgraduate Dean. The team are currently working hard to put on a programme of courses across the region to help upskill our dental workforce.

See the Training and Support pages for a list of the current courses available to book on accent.

Other courses that are in development are:

- Fluoride Varnish Application for DCPs
- Hands-on Oral Surgery
- Leadership for Dental Therapists

We are aiming to provide regular updates to the LDNs regarding courses that are available to book and keep you informed of all opportunities to further your skills.

We are hoping to speak to as many different members of the dental team as possible to help understand the training needs of the region, if you would like to get in contact with us, please email: **dwd.me@hee.nhs.uk**

IMPORTANT REMINDERS

Practices should ensure they have updated the practice details on the find a dentist website.

Oral Surgery referrals

Dentists are reminded that oral surgery referrals should be completed by the referring dentist themselves rather than other members of the dental team. This is to ensure that accuracy is maintained in the referrals. Should any complaint come about regarding the referral, the practice owners may be liable for the acts, errors or omissions of other members of the dental team through vicarious liability.



Guidance for first permanent molar extractions in Children

The Faculty of Dental Surgery have recently published Guidance for first permanent molar extractions in Children
(See attachments for full guidance and references).

A brief summary can be found below:

Children can have compromised first permanent molars (FPM) with an uncertain prognosis, which can lead to pain, complex restorations or extractions, and disruption to their dental structure. Interceptive extraction of FPM can be a successful solution if correctly planned taking into consideration the patient, their underlying occlusion and ideally input from general dental practitioners (GDPs) or paediatric dentists and a specialist orthodontist.

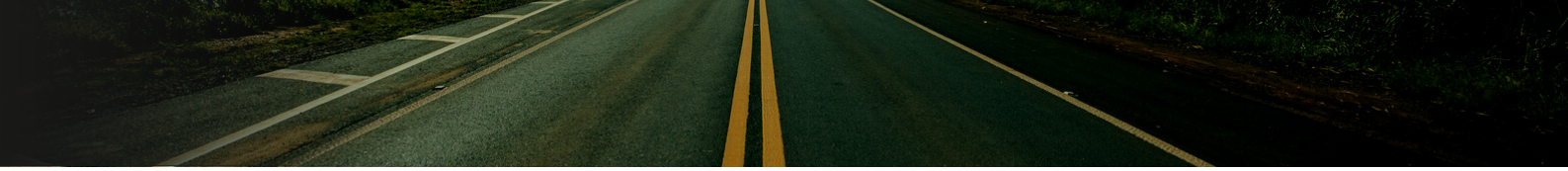
Why is planning for the FPM of poor prognosis so critical?

Enforced extraction of poor prognosis FPMs can cause disruption to the functional occlusion and impact on successful eruption of the second permanent molar (SPM), particularly in terms of spontaneous space closure and final SPM position.

General principles and practical guidance
The goal of interceptive FPM extraction is to achieve successful eruption of the SPM (and TPM if present, to complete the molar dentition) and the second premolar teeth, with space closure, a lack of tooth tipping and no over-eruption of the opposing molar unit.

All possible options should be communicated to the patient and or parents/guardians. Some patients may prefer to lose a tooth rather than have a lifetime burden of restorative maintenance and repair, others may choose to maintain a tooth at all costs. Discussing these options should be part of a shared decision-making process, including the opinions and values of the child, parents/guardians and dental professional.

Should we provide compensating extractions?
Compensating extraction of a sound upper FPM has been recommended when extraction of the lower FPM is required. This is to avoid over-eruption of an unopposed upper FPM, which can prevent desirable mesial movement of the erupting lower SPM, thus impeding space closure and potentially inducing other occlusal interferences.



There is little evidence to verify these claims and what evidence is available is based on retrospective cohort studies, often with very small samples. Current evidence would suggest that the risk of upper FPM over-eruption as a consequence of lower FPM extraction is small.

Recommendation:
When the enforced extraction of a lower FPM is required the compensating extraction of a sound upper FPM should not be routinely carried out unless there is a clear occlusal requirement or likelihood of the upper FPM being unopposed for a significant period of time.

Should we provide balancing extractions?
The balancing extraction of sound FPMs has been recommended to preserve arch symmetry. Retrospective cohort studies have suggested that unilateral FPM extraction can be associated with the development of both skeletal and dental arch asymmetries. Evidence from similar study designs suggests that the dental centreline in either arch is unlikely to be affected.

Recommendation: Routine balancing extraction of a sound FPM to preserve a dental centreline is not recommended unless part of a comprehensive orthodontic treatment plan.

It is important to remember that interceptive extraction in the developing dentition is a dynamic intervention that requires professional supervision and careful review. It is best undertaken through a specialised team with the full complement of specialties and, ideally, care should not be considered a one-off intervention.

Dental Access for Asylum seekers

There is no separate defined pathway for asylum seekers seeking dental care. Treatment can be accessed by general dental practices for these patients.

It is recommended all patients seeking dental care to utilise the find a dentist website,

If a patient requires urgent general dental care, they are advised to call a local NHS dental practice and stress the need to be seen. A clinician will then assess if the patient requires an urgent face to face appointment and will endeavour to accommodate by offering the next available urgent slot.

If a patient does not have a local NHS dentist, then they should contact NHS 111 who will be able to signpost to a dentist in their area.

For people with an urgent dental need the NHS 111 Clinical Assessment Service can provide a clinical triage and refer people to the appropriate commissioned service for their clinical need.

The PHE Model of Oral Healthcare for asylum seekers and refugees can be found here



Orthodontic Referrals - Timely referral

The Regional Orthodontic Working Group has written some **a**dvice to GDPs re Orthodontic Referrals (SEE ATTACHMENT)

Please see summary below:
Following the pandemic, work has been carried out nationally to restore the orthodontic services whilst overcoming the pressures of the increasing volume of referrals.

The quality of referrals effects patient care and therefore it is imperative that professionals ensure they are familiar with the local referral pathways. Poor referrals can lead to delays in delivering patients care or result in rejected referrals. **Late referral of impacted canines is perhaps the greatest cause for concern in orthodontic treatment.**

- Radiographs must be included with most referrals
- Including photographs can help with triage and diagnosis

The Midlands orthodontic referrals pictorial guide outlines cases that should and should not be referred (SEE ATTACHMENTS).

For more information on completing an orthodontic assessment CLICK HERE

A training video on improving the quality of dental referrals can be found here

Useful contacts and support links

- **REGO by NEC** - Training for dentists - CLICK HERE
- REGO Support contact number – 0207 993 5870

- **Dental Referrals - FDS** - Training for dentists - CLICK HERE
- Support contact number - 0113 493 1920, 0845 8620841

- **Birmingham Dental Hospital** Support pages - CLICK HERE



Your Health Your Way - Nottinghamshire

Eloise Jones

Partnerships and Engagement Officer (Mid-Notts)
Nottinghamshire Integrated Wellbeing Service

Your Health Your Way is Nottinghamshire County Council's free integrated wellbeing service for residents. We work across Nottinghamshire (excluding Nottingham city) to support for individuals to lose weight, move more, drink less alcohol and quit smoking.

The areas in Nottinghamshire that we cover are:

- Gedling
- Rushcliffe
- Broxtowe
- Mansfield
- Ashfield
- Newark and Sherwood
- Bassetlaw

We also provide support for children and families, this includes nutritional advice on topics such as fussy eating, sugar and portion control, as well as fun games and activities.

If you would like any more information on our service and how we can support your patients and practice, please contact our Partnerships and Engagement Officer Eloise Jones at **ejones@ablhealth.co.uk.**

If your patients live within **Nottingham City Boundaries,** Trent Bridge Community Trust run a similar Weight Management Programme for city residents.

Please see more information here

If your patients live in Lincolnshire please contact One you Lincolnshire: CLICK HERE

For Derby and Derbyshire CLICK HERE

For Leicester, Leicestershire and Rutland CLICK HERE

For Northamptonshire CLICK HERE

TO FIND OUT ABOUT ALL THE SERVICES AVAILABLE IN YOUR ICB ACCESS YOUR ICB WEBSITES

Derby and Derbyshire ICB- click here

Leicester, Leicestershire and Rutland ICB - click here

Lincolnshire ICB - click here

Northamptonshire ICB - click here

Nottingham and Nottinghamshire ICB - click here

Please see our referral criteria for each of our services:

SERVICE	ELIGIBILITY
Stop smoking support	Anyone aged 12+ who smokes
Adult weight management	Adults with a BMI between 30 and 49.9
Physical activity	Adults who are inactive or are not achieving 60 minutes of physical activity per week
Family weight management	One child aged 4+ with a BMI in the 91st Centile
Alcohol reduction	Adults who have an Audit C score of 15 or less (16 or higher is referred to CGL)
Falls Prevention	Aged 55+ who is at risk of a fall or has had a fall in the last year or anyone with disabilities

REFERRALS

If you would like to make a referral, this can be done via our website HERE

by clicking the 'sign up' button at the top of the page, or alternatively by calling our office on
0115 772 2515.

Referrals can be made by both professionals and patients.

When filling out the referral form, we will need some information about the person being referred. This includes:

- Name and date of birth
- Address
- Their contact details
- What GP surgery they are registered to

TRAINING AND SUPPORT

HEE WOULD LIKE TO HEAR YOUR OPINION ON TRAINING THAT THE TRAINING NEEDS OF THE DENTAL TEAM TO HELP SUPPORT AND DEVELOP THE WORKFORCE.

CLICK HERE TO COMPLETE THE SURVEY

COURSES FOR THE WHOLE TEAM

See attachment for booking link

3rd May 2023 - Online	**How to improve your referrals and make them more likely to be accepted**
2nd June 2023 - In person	**Emergency First Aid in the Workplace**
17th June 2023 - In person	**Sedation Update for Dentists and Dental Care Professional Teams**
23rd June 2023 - Online	**Primary Dental Care Transformation: Educating the Practitioner – How to utilise skill mix in the team**
7th July 2023	**Infection Control – an update for the Team**
27th July 2023	**Emergency First Aid at Work: LEI 001** **CLICK HERE** **Administrator Contact: Zara Elahi** **zara.elahi@uhl-tr.nhs.uk**
29th September 2023	**Dental Nursing for new performers (foundation Dentists and PLVE Dentists: LEI 002** **CLICK HERE** **Administrator Contact: Zara Elahi** **zara.elahi@uhl-tr.nhs.uk**

TRAINING AND SUPPORT

COURSES FOR DENTISTS AND PRACTICE MANAGERS

See attachment for booking link

23rd May 2023 - Online	**Managing Poor Performers**
28th June 2023 - Online	**Recruitment & Selection**

COURSES FOR PRACTICE MANAGERS

Practice Managers Study Day

Please contact jo.dalby@hee.nhs.uk if you would like further details

COURSES FOR DENTISTS AND DENTAL THERAPISTS

See attachment for booking link

13th June 2023 - Online	**Paedodontic Peer Review Cohort 3**
3rd July 2023 - In person	**Paedodontic Peer Review for Aspiring Level 2 Practitioners – Cohort 4 – session 4**

DCPS, DENTAL THERAPISTS AND DENTAL HYGIENISTS

See attachment for booking link

5th July 2023 - Online	**Introduction to Leadership & Management**
7th July 2023 - In person	**Paediatric Restorative Techniques for Dental Therapists**
8th July 2023	**Dental Hygienist & Dental Therapist Study Morning** **Please contact jo.dalby@hee.nhs.uk if you would like further details**

TRAINING AND SUPPORT

COURSES FOR DENTISTS

See attachment for booking link

10th May 2023	**LIN013 - Managing Dental Patients Taking Anticoagulants** **CLICK HERE** **Administrator contact: Jennifer Thomas jennifer.thomas2@ulh.nhs.uk**
7th June 2023 - Online	**Tier 3 Paediatric Peer Review - Case based discussions**
9th June 2023 - In person	**Crown & Bridge Masterclass**
8th September 2023 - Online	**NHS Rules & Regulations**
13th September 2023 - Online	**Tier 3 Paediatric Peer Review - Comprehensive care GA – Who, What and When**
15th September 2023 - In person	**Posterior Adhesive Restorations Simplified**

TRAINING AND SUPPORT

RESOURCES

- Three child friendly videos to promote tooth brushing and prevention for children and young people. - Produced by the British Society of Paediatric Dentistry: CLICK HERE TO ACCESS

- British Society of Paediatric Dentistry – clinical evidence and guidelines on paediatric dentistry - CLICK HERE TO ACCESS

e-LFH training resources:
Registration and use is **FREE** for GDC registrants working in practice carrying out NHS work, dental hospitals and dental schools. E-Den can also be purchased for a years access by non-NHS staff. Register on e-LfH at https://www.e-lfh.org.uk
Search "dentistry" or "e-Den" for a programme of modules on different dental topics.
Modules include - management of the developing dentition, communication, anxiety and pain management

Focus on Autism, Learning Disabilities and Mental Health Awareness

- Register on e-LfH at https://www.e-lfh.org.uk
- Once registered on e-LfH go to my e-learning and search:
- Autism Awareness (AUT)
- Mental Health Awareness Programme (MHP)- Mental Health for Healthcare Professionals- Module 1

In addition the Open University offers a FREE module on

- Learning Difficulties - CLICK HERE

- Mental capacity assessment: CLICK HERE

- There is also a lot of information and resources accessible on the gov.uk website on oral care and people with learning disabilities - CLICK HERE



CAREERS IN DENTISTRY

Shropshire and Staffordshire Local Dental Network have put together a selection of videos regarding careers in dentistry,

Click here to access videos

NON-CLINICAL OPPORTUNITIES

The Chief Dental Officer 's Clinical Fellow Scheme is a 12 month fellowship which offers a leadership development opportunity.

You can register your interest here for the 2024/2025 fellowship

To find out more click here

Last month's edition focused on the Leadership Fellow programme - applications for this open next month.

To find out more about the programme you can information about the Leadership Fellow programme they can either:

- Email: leadershipalumni.me@hee.nhs.uk
- Follow @dental_leadership_fellows on Instagram
- Or email jacob.watts@nhs.net

ATTACHMENTS



Guidance for first permanent molar extractions in Children



Midlands orthodontic referral guidelines – A Pictorial Guide



HEE Training Courses Dental workforce development courses - Midlands region



Orthodontic - Referrals - Regional Orthodontic Working Group



FEEDBACK

East Midlands LDN / NHSE Newsletter

This newsletter has been running for 12 months now and it has grown into a collaborative piece of work.

However, we are looking for way to improve the newsletter and would like to hear your thoughts.

Please take the time to complete this short survey!
CLICK HERE





Dental Care in the Midlands webpages
Visit the website for the latest information for dental professionals in the Midlands

CLICK HERE



Social medial and poster assets for patients
Please see attachments for social media posts and posters you may want to use

CLICK HERE



NHS social media asset informing patients that not everyone needs to see a dentist every 6 months

CLICK HERE